



## PE/Health – Week 5-6 (Sept. 28 –Oct. 9)

**TEACHER**

Hughes

**GRADE**

6-7

	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>OBJECTIVE(S)</b> (WHAT DO I WANT STUDENTS TO KNOW/)	Fitness Day Push Ups, Sit Ups, Pull Ups, Aerobic, 800 run	Read - Chapter 2  Chapter 2 – Complete Chapter Assessment	Fitness Day Push Ups, Sit Ups, Pull Ups, Aerobic, 800 cont.	Chapter 2 – Worksheets	Fitness Day - Push Ups, Sit Ups, Pull Ups, Aerobic, 800 cont.  Oct. 9 – No School
<b>INSTRUCTIONAL METHODS</b> (HOW AM I GOING TO INSTRUCT/)	Individual, Partner		Individual, Partner	Partner assignment	Individual, Partner
<b>ASSESSMENT</b> HOW WILL I ASSESS LEARNING	Recorded exercise reps	Graded Assessment	Recorded exercise reps	Graded Work	Recorded exercise reps
<b>CLOSURE</b>	Record reps and go through completion plan for Wednesday	Finish reading and complete assessment assignment for homework if not finished	Record reps and go through completion plan for Friday		Record reps